# aksolahti

Hieno talvipäivä, +2 astetta, aurinko paistoi ja maastossa vähän lunta. Karttoja kului 276 kpl. Kokeilussa oli lähes kaikille tuntematon lennosta leimaava Sport-Ident järjestelmä, jota monet käyttivät. Monille saatiin myös väliajat, mutta kokeilussa ei aina kaikki mene kohdalleen joko järjestäjistä tai osanottajista johtuen. Siksi osalta puuttuvat väliajat, mutta 3 km matkalta löytyi puuttuvan rastin ajatkin. Jälkeenpäin asioita vaikea korjata, ellei ole tulosliuskaa. Pahoittelemme. Leimauksen vaivattomuutta monet kehuivat. Monet kiersivät myös rasteja ilman ajanottoa. Nyt meidän on helpompi mennä ulkomaille järjestelmää käyttämään. Päivän ratoihin oltiin hyvin tyytyväisi. Ratamestarina Kari Löyttyjärvi.

**13.3.2016**
[12 KM] [3 KM] [6 KM] [9 KM]

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**3 KM Course (1): 6 KP** ^

| # | Name | Result | Start | 1.( 72) | | 2.( 74) | | 3.( 75) | | 4.( 76) | | 5.( 77) | | 6.( 93) | | Finish | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1. | Elisa Ståhlberg | 00:23:02 | 11:18:29 | 02:51 | 6 | 04:54 | 2 | 09:38 | 2 | 12:58 | 2 | 16:48 | 2 | 18:49 | 2 | 23:02 | 1 | 00:23:02 |
| | 0 | 3 KM | | 02:51 | 6 | 02:03 | 1 | 04:44 | 2 | 03:20 | 1 | 03:50 | 1 | 02:01 | 1 | 04:13 | 1 | |
| | | | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | |
| 2. | Lotta Oinonen | 00:23:08 | 11:28:27 | 01:46 | 1 | 03:55 | 1 | 08:46 | 1 | 12:15 | 1 | 16:24 | 1 | 18:31 | 1 | 23:08 | 2 | 00:23:08 |
| | 0 | 3 KM | | 01:46 | 1 | 02:09 | 2 | 04:51 | 3 | 03:29 | 2 | 04:09 | 2 | 02:07 | 2 | 04:37 | 2 | |
| | | | | -01:05 | | 00:06 | | 00:07 | | 00:09 | | 00:19 | | 00:06 | | 00:24 | | |
| 3. | Katarina Sallila | 00:26:59 | 10:48:05 | 03:14 | 8 | 05:38 | 5 | 10:45 | 3 | 14:41 | 3 | 19:19 | 3 | 21:50 | 3 | 26:59 | 3 | 00:26:59 |
| | 0 | 3 KM | | 03:14 | 8 | 02:24 | 3 | 05:07 | 4 | 03:56 | 3 | 04:38 | 4 | 02:31 | 4 | 05:09 | 4 | |
| | | | | 00:23 | | 00:21 | | 00:23 | | 00:36 | | 00:48 | | 00:30 | | 00:56 | | |
| 4. | Risto Pununen | 00:27:58 | 10:46:35 | 03:30 | 11 | 06:52 | 8 | 12:54 | 7 | 17:38 | 7 | 22:44 | 6 | 27:58 | 8 | | | 00:27:58 |
| | 0 | 3 KM | | 03:30 | 11 | 03:22 | 10 | 06:02 | 5 | 04:44 | 6 | 05:06 | 5 | 05:14 | 27 | | | |
| | | | | 00:39 | | 01:19 | | 01:18 | | 01:24 | | 01:16 | | 03:13 | | | | |
| 5. | Emil Jacobsson | 00:29:06 | 10:38:39 | 03:22 | 9 | 05:49 | 7 | 12:51 | 6 | 17:30 | 6 | 22:06 | 4 | 24:29 | 4 | 29:06 | 4 | 00:29:06 |
| | 0 | 3 KM | | 03:22 | 9 | 02:27 | 4 | 07:02 | 9 | 04:39 | 5 | 04:36 | 3 | 02:23 | 3 | 04:37 | 2 | |
| | | | | 00:31 | | 00:24 | | 02:18 | | 01:19 | | 00:46 | | 00:22 | | 00:24 | | |
| 6. | Matti Mäkinen | 00:32:43 | 09:50:12 | 02:46 | 5 | 05:46 | 6 | 11:49 | 5 | 16:51 | 4 | 22:19 | 5 | 25:45 | 5 | 32:43 | 5 | 00:32:43 |
| | 0 | 3 KM | | 02:46 | 5 | 03:00 | 6 | 06:03 | 6 | 05:02 | 8 | 05:28 | 6 | 03:26 | 11 | 06:58 | 8 | |
| | | | | -00:05 | | 00:57 | | 01:19 | | 01:42 | | 01:38 | | 01:25 | | 02:45 | | |
| 7. | Osmo Peitsalo | 00:33:08 | 10:59:24 | 02:25 | 2 | 05:29 | 4 | 11:41 | 4 | 16:53 | 5 | 23:51 | 7 | 27:12 | 6 | 33:08 | 6 | 00:33:08 |
| | 0 | 3 KM | | 02:25 | 2 | 03:04 | 8 | 06:12 | 7 | 05:12 | 9 | 06:58 | 14 | 03:21 | 10 | 05:56 | 5 | |
| | | | | -00:26 | | 01:01 | | 01:28 | | 01:52 | | 03:08 | | 01:20 | | 01:43 | | |
| 8. | Kimmo Berg | 00:33:34 | 10:17:57 | 02:30 | 3 | 05:18 | 3 | 14:42 | 9 | 19:01 | 8 | 24:59 | 8 | 27:35 | 7 | 33:34 | 7 | 00:33:34 |
| | 0 | 3 KM | | 02:30 | 3 | 02:48 | 5 | 09:24 | 20 | 04:19 | 4 | 05:58 | 9 | 02:36 | 5 | 05:59 | 6 | |
| | | | | -00:21 | | 00:45 | | 04:40 | | 00:59 | | 02:08 | | 00:35 | | 01:46 | | |
| 9. | Luukas Hyvärinen | 00:36:34 | 10:34:33 | 03:27 | 10 | 07:32 | 11 | 14:36 | 8 | 19:49 | 9 | 26:09 | 9 | 29:23 | 9 | 36:34 | 8 | 00:36:34 |
| | 0 | 3 KM | | 03:27 | 10 | 04:05 | 12 | 07:04 | 10 | 05:13 | 10 | 06:20 | 10 | 03:14 | 8 | 07:11 | 9 | |
| | | | | 00:36 | | 02:02 | | 02:20 | | 01:53 | | 02:30 | | 01:13 | | 02:58 | | |
| 10. | Aimo Ruohoniemi | 00:39:31 | 10:08:01 | 03:02 | 7 | 07:31 | 10 | 14:48 | 10 | 20:52 | 10 | 28:36 | 10 | 31:44 | 10 | 39:31 | 9 | 00:39:31 |
| | 0 | 3 KM | | 03:02 | 7 | 04:29 | 14 | 07:17 | 11 | 06:04 | 18 | 07:44 | 19 | 03:08 | 7 | 07:47 | 11 | |
| | | | | 00:11 | | 02:26 | | 02:33 | | 02:44 | | 03:54 | | 01:07 | | 03:34 | | |
| 11. | Vilja Viinikainen | 00:40:23 | 10:42:01 | 04:09 | 13 | 07:12 | 9 | 16:07 | 11 | 22:29 | 11 | 29:15 | 11 | 33:00 | 11 | 40:23 | 10 | 00:40:23 |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 0 | | 3 KM | 04:09 | 13 | 03:03 | 7 | 08:55 | 17 | 06:22 | 21 | 06:46 | 11 | 03:45 | 13 | 07:23 | 10 | | | | | | | |
| | | | | 01:18 | | 01:00 | | 04:11 | | 03:02 | | 02:56 | | 01:44 | | 03:10 | | | | | | | | |
| 12. | Pentti Lipiäinen | 00:46:50 | 10:05:37 | 04:40 | 17 | 13:29 | 20 | 21:40 | 16 | 27:15 | 15 | 35:39 | 15 | 46:50 | 18 | | | 00:46:50 | | | | | | |
| | 0 | | 3 KM | 04:40 | 17 | 08:49 | 27 | 08:11 | 12 | 05:35 | 12 | 08:24 | 23 | 11:11 | 34 | | | | | | | | | |
| | | | | 01:49 | | 06:46 | | 03:27 | | 02:15 | | 04:34 | | 09:10 | | | | | | | | | | |
| 13. | Ulrika Rautio | 00:47:24 | 10:28:42 | 04:29 | 15 | 09:42 | 14 | 20:28 | 14 | 26:21 | 12 | 34:03 | 12 | 38:10 | 12 | 47:24 | 11 | 00:47:24 | | | | | | |
| | 0 | | 3 KM | 04:29 | 15 | 05:13 | 18 | 10:46 | 25 | 05:53 | 17 | 07:42 | 18 | 04:07 | 21 | 09:14 | 14 | | | | | | | |
| | | | | 01:38 | | 03:10 | | 06:02 | | 02:33 | | 03:52 | | 02:06 | | 05:01 | | | | | | | | |
| 14. | Outi Kesäniemi | 00:48:53 | 10:08:36 | 05:15 | 18 | 09:40 | 13 | 19:39 | 12 | 26:24 | 13 | 34:53 | 13 | 48:53 | 20 | | | 00:48:53 | | | | | | |
| | 0 | | 3 KM | 05:15 | 18 | 04:25 | 13 | 09:59 | 22 | 06:45 | 23 | 08:29 | 25 | 14:00 | 35 | | | | | | | | | |
| | | | | 02:24 | | 02:22 | | 05:15 | | 03:25 | | 04:39 | | 11:59 | | | | | | | | | | |
| 15. | Eero Kärkkäinen | 00:50:07 | 09:48:02 | 05:42 | 21 | 09:39 | 12 | 21:10 | 15 | 27:40 | 16 | 37:39 | 16 | 41:33 | 14 | 50:07 | 12 | 00:50:07 | | | | | | |
| | 0 | | 3 KM | 05:42 | 21 | 03:57 | 11 | 11:31 | 27 | 06:30 | 22 | 09:59 | 30 | 03:54 | 16 | 08:34 | 13 | | | | | | | |
| | | | | 02:51 | | 01:54 | | 06:47 | | 03:10 | | 06:09 | | 01:53 | | 04:21 | | | | | | | | |
| 16. | Taru Eskelinen | 00:50:14 | 10:31:23 | 05:44 | 22 | 10:35 | 17 | 24:52 | 19 | 30:07 | 19 | 38:56 | 18 | 42:12 | 15 | 50:14 | 13 | 00:50:14 | | | | | | |
| | 0 | | 3 KM | 05:44 | 22 | 04:51 | 15 | 14:17 | 32 | 05:15 | 11 | 08:49 | 27 | 03:16 | 9 | 08:02 | 12 | | | | | | | |
| | | | | 02:53 | | 02:48 | | 09:33 | | 01:55 | | 04:59 | | 01:15 | | 03:49 | | | | | | | | |
| 17. | Kirsikka Heikkinen | 00:51:16 | 10:26:09 | 04:39 | 16 | 09:44 | 15 | 19:53 | 13 | 27:03 | 14 | 35:37 | 14 | 40:13 | 13 | 51:16 | 14 | 00:51:16 | | | | | | |
| | 0 | | 3 KM | 04:39 | 16 | 05:05 | 17 | 10:09 | 23 | 07:10 | 24 | 08:34 | 26 | 04:36 | 23 | 11:03 | 16 | | | | | | | |
| | | | | 01:48 | | 03:02 | | 05:25 | | 03:50 | | 04:44 | | 02:35 | | 06:50 | | | | | | | | |
| 18. | Matti Saario | 00:54:05 | 10:20:22 | 04:07 | 12 | 11:32 | 18 | 21:47 | 17 | 29:39 | 17 | 38:39 | 17 | 43:37 | 16 | 54:05 | 15 | 00:54:05 | | | | | | |
| | 0 | | 3 KM | 04:07 | 12 | 07:25 | 24 | 10:15 | 24 | 07:52 | 29 | 09:00 | 29 | 04:58 | 26 | 10:28 | 15 | | | | | | | |
| | | | | 01:16 | | 05:22 | | 05:31 | | 04:32 | | 05:10 | | 02:57 | | 06:15 | | | | | | | | |
| 19. | Antti Tiainen | 00:54:55 | 11:03:39 | 16:01 | 25 | 21:04 | 23 | 32:46 | 22 | 38:33 | 22 | 44:28 | 20 | 48:40 | 19 | 54:55 | 16 | 00:54:55 | | | | | | |
| | 0 | | 3 KM | 16:01 | 25 | 05:03 | 16 | 11:42 | 28 | 05:47 | 15 | 05:55 | 7 | 04:12 | 22 | 06:15 | 7 | | | | | | | |
| | | | | 13:10 | | 03:00 | | 06:58 | | 02:27 | | 02:05 | | 02:11 | | 02:02 | | | | | | | | |
| 20. | Tarja Mäkinen- Vekkeli | 00:56:46 | 10:12:50 | 04:28 | 14 | 10:19 | 16 | 22:06 | 18 | 29:42 | 18 | 39:50 | 19 | 45:12 | 17 | 56:46 | 17 | 00:56:46 | | | | | | |
| | 0 | | 3 KM | 04:28 | 14 | 05:51 | 19 | 11:47 | 29 | 07:36 | 28 | 10:08 | 31 | 05:22 | 28 | 11:34 | 17 | | | | | | | |
| | | | | 01:37 | | 03:48 | | 07:03 | | 04:16 | | 06:18 | | 03:21 | | 07:21 | | | | | | | | |
| 21. | Martti Immonen | 01:09:38 | 10:19:48 | 06:27 | 23 | 13:37 | 21 | 28:52 | 21 | 37:58 | 21 | 49:55 | 22 | 55:54 | 21 | 69:38 | 18 | 01:09:38 | | | | | | |
| | 0 | | 3 KM | 06:27 | 23 | 07:10 | 23 | 15:15 | 33 | 09:06 | 33 | 11:57 | 32 | 05:59 | 29 | 13:44 | 18 | | | | | | | |
| | | | | 03:36 | | 05:07 | | 10:31 | | 05:46 | | 08:07 | | 03:58 | | 09:31 | | | | | | | | |
| 22. | Heikki Väyrynen | 01:13:06 | 09:57:06 | 05:28 | 19 | 12:35 | 19 | 26:36 | 20 | 37:24 | 20 | 49:49 | 21 | 57:24 | 22 | 73:06 | 19 | 01:13:06 | | | | | | |
| | 0 | | 3 KM | 05:28 | 19 | 07:07 | 22 | 14:01 | 31 | 10:48 | 35 | 12:25 | 33 | 07:35 | 31 | 15:42 | 21 | | | | | | | |
| | | | | 02:37 | | 05:04 | | 09:17 | | 07:28 | | 08:35 | | 05:34 | | 11:29 | | | | | | | | |
| 23. | Reijo Heurlin | 01:22:40 | 09:57:12 | 05:38 | 20 | 21:22 | 24 | 37:52 | 24 | 47:22 | 24 | 62:29 | 24 | 68:53 | 23 | 82:40 | 20 | 01:22:40 | | | | | | |
| | 0 | | 3 KM | 05:38 | 20 | 15:44 | 34 | 16:30 | 34 | 09:30 | 34 | 15:07 | 34 | 06:24 | 30 | 13:47 | 19 | | | | | | | |
| | | | | 02:47 | | 13:41 | | 11:46 | | 06:10 | | 11:17 | | 04:23 | | 09:34 | | | | | | | | |
| 24. | Seppo Salmi | 01:26:32 | 10:05:53 | 09:36 | 24 | 18:20 | 22 | 37:23 | 23 | 46:22 | 23 | 62:27 | 23 | 71:07 | 24 | 86:32 | 21 | 01:26:32 | | | | | | |
| | 0 | | 3 KM | 09:36 | 24 | 08:44 | 26 | 19:03 | 36 | 08:59 | 32 | 16:05 | 35 | 08:40 | 33 | 15:25 | 20 | | | | | | | |
| | | | | 06:45 | | 06:41 | | 14:19 | | 05:39 | | 12:15 | | 06:39 | | 11:12 | | | | | | | | |
| | Satu Ahonen | DQ | 10:25:05 | | | | | | | | | | | | | | | DQ | | | | | | |
| | 0 | | 3 KM | | | | | 09:02 | 19 | 08:21 | 30 | 08:20 | 21 | 03:56 | 18 | | | | | | | | | |
| | | | | | | | | 04:18 | | 05:01 | | 04:30 | | 01:55 | | | | | | | | | | |
| | Aaro Ahonen | DQ | 10:25:18 | | | | | | | | | | | | | | | DQ | | | | | | |
| | 0 | | 3 KM | | | | | 08:58 | 18 | 08:26 | 31 | 08:15 | 20 | 04:00 | 20 | | | | | | | | | |
| | | | | | | | | 04:14 | | 05:06 | | 04:25 | | 01:59 | | | | | | | | | | |
| | Juho Kinni | DQ | 10:16:51 | | | | | | | | | | | | | | | DQ | | | | | | |
| | 0 | | 3 KM | | | | | 03:27 | 1 | | | | | | | | | | | | | | | |
| | | | | | | | | -01:17 | | | | | | | | | | | | | | | | |
| | Erica Österlund | DQ | ??:??:?? | | | | | | | | | | | | | | | DQ | | | | | | |
| | 0 | | 3 KM | | | | | | | | | | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Lauri? Varpula | DQ | 10:44:57 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | 08:30 | 15 | 06:19 | 20 | 07:22 | 16 | 03:54 | 16 | | | | |
| | | | | | | | | | | | | | 03:46 | | 02:59 | | 03:32 | | 01:53 | | | | | |
| ML Väättänen | DQ | 10:44:51 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | 08:34 | 16 | 06:16 | 19 | 07:34 | 17 | 03:52 | 15 | | | | |
| | | | | | | | | | | | | | 03:50 | | 02:56 | | 03:44 | | 01:51 | | | | | |
| Seppo Saario | DQ | 10:14:38 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | 09:37 | 21 | 05:46 | 14 | 06:56 | 13 | 03:34 | 12 | | | | |
| | | | | | | | | | | | | | 04:53 | | 02:26 | | 03:06 | | 01:33 | | | | | |
| Ulo Parts | DQ | 09:58:28 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | | | | | | | | | | | | |
| Niko Nissinen | DQ | 10:09:46 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | 11:06 | 26 | 07:28 | 27 | 08:51 | 28 | 08:13 | 32 | | | | |
| | | | | | | | | | | | | | 06:22 | | 04:08 | | 05:01 | | 06:12 | | | | | |
| Martti Parviainen | DQ | 10:33:31 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | | | | | | | | | | | | |
| Heini Linnainmaa | DQ | 11:12:28 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | 06:54 | 8 | 04:56 | 7 | 05:55 | 7 | 03:07 | 6 | | | | |
| | | | | | | | | | | | | | 02:10 | | 01:36 | | 02:05 | | 01:06 | | | | | |
| Marjut Varpula | DQ | 10:42:30 | 02:40 | 4 | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | 02:40 | 4 | | | | | | | | | | | | | | | | | | | | |
| | | | -00:11 | | | | | | | | | | | | | | | | | | | | | |
| Samu Vuorela | DQ | 10:33:43 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | 08:29 | 14 | 07:23 | 25 | 08:23 | 22 | 04:53 | 24 | | | | |
| | | | | | | | | | | | | | 03:45 | | 04:03 | | 04:33 | | 02:52 | | | | | |
| Hannele Alander | DQ | 10:45:20 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | | | 05:39 | 13 | 07:01 | 15 | 03:48 | 14 | | | | |
| | | | | | | | | | | | | | | | 02:19 | | 03:11 | | 01:47 | | | | | |
| Leo Juovela | DQ | 10:33:44 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | 08:26 | 13 | 07:24 | 26 | 08:26 | 24 | 04:54 | 25 | | | | |
| | | | | | | | | | | | | | 03:42 | | 04:04 | | 04:36 | | 02:53 | | | | | |
| Aapo Vanhanen | DQ | 11:25:00 | | | | | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 3 KM | | | | | | | | | | | 12:50 | 30 | 05:49 | 16 | 06:51 | 12 | 03:56 | 18 | | | | |
| | | | | | | | | | | | | | 08:06 | | 02:29 | | 03:01 | | 01:55 | | | | | |
| *Ideal time:* | | | *01:46* | | *02:03* | | *03:27* | | *03:20* | | *03:50* | | *02:01* | | *04:13* | | *00:20:40* | | | | | | | |

## M Course (2): 9 KP ^

| # | Name | Result | Start | 1.( 71) | | 2.( 73) | | 3.( 76) | | 4.( 79) | | 5.( 80) | | 6.( 87) | | 7.( 89) | | 8.( 92) | | 9.( 93) | | Finish | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1. | Antti Parjanne | 00:30:52 | 11:27:04 | 00:57 | 1 | 02:43 | 1 | 07:10 | 1 | 12:28 | 1 | 15:30 | 1 | 17:30 | 1 | 21:33 | 1 | 23:46 | 1 | 27:55 | 1 | 30:52 | 1 | 00:30:52 |
| | 0 | | 6 KM | 00:57 | 1 | 01:46 | 1 | 04:27 | 1 | 05:18 | 1 | 03:02 | 1 | 02:00 | 7 | 04:03 | 1 | 02:13 | 1 | 04:09 | 1 | 02:57 | 1 | |
| | | | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | 00:00 | | |
| 2. | Jouko Malinen | 00:39:07 | 11:08:26 | 01:19 | 4 | 03:27 | 3 | 09:13 | 2 | 15:17 | 2 | 19:28 | 2 | 21:16 | 2 | 26:49 | 2 | 29:43 | 2 | 35:35 | 2 | 39:07 | 2 | 00:39:07 |
| | 0 | | 6 KM | 01:19 | 4 | 02:08 | 6 | 05:46 | 2 | 06:04 | 5 | 04:11 | 2 | 01:48 | 1 | 05:33 | 2 | 02:54 | 2 | 05:52 | 16 | 03:32 | 2 | |
| | | | | 00:22 | | 00:22 | | 01:19 | | 00:46 | | 01:09 | | -00:12 | | 01:30 | | 00:41 | | 01:43 | | 00:35 | | |
| 3. | Tuomo Jacobsson | 00:39:33 | 10:38:45 | 01:20 | 6 | 03:27 | 3 | 09:55 | 6 | 15:50 | 4 | 20:06 | 3 | 22:10 | 3 | 27:50 | 3 | 30:46 | 3 | 35:56 | 3 | 39:33 | 3 | 00:39:33 |
| | 0 | | 6 KM | 01:20 | 6 | 02:07 | 5 | 06:28 | 9 | 05:55 | 2 | 04:16 | 3 | 02:04 | 8 | 05:40 | 3 | 02:56 | 3 | 05:10 | 4 | 03:37 | 4 | |
| | | | | 00:23 | | 00:21 | | 02:01 | | 00:37 | | 01:14 | | 00:04 | | 01:37 | | 00:43 | | 01:01 | | 00:40 | | |
| 4. | Henna Skog | 00:40:31 | 10:35:16 | 01:22 | 7 | 03:23 | 2 | 09:45 | 3 | 16:23 | 5 | 20:57 | 4 | 22:51 | 4 | 28:42 | 4 | 31:48 | 4 | 36:48 | 4 | 40:31 | 4 | 00:40:31 |
| | 0 | | 6 KM | 01:22 | 7 | 02:01 | 3 | 06:22 | 5 | 06:38 | 6 | 04:34 | 5 | 01:54 | 5 | 05:51 | 5 | 03:06 | 5 | 05:00 | 3 | 03:43 | 6 | |

| | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | 00:25 | | 00:15 | | 01:55 | | 01:20 | | 01:32 | | -00:06 | | 01:48 | | 00:53 | | 00:51 | | 00:46 | |
| 5. | Heikki Väänänen | 00:41:28 | 11:06:02 | 01:14 | 3 | 04:01 | 16 | 09:49 | 4 | 15:49 | 3 | 21:13 | 5 | 23:06 | 5 | 28:51 | 5 | 31:48 | 4 | 37:31 | 5 | 41:28 | 5 | 00:41:28 |
| | 0 | | 6 KM | 01:14 | 3 | 02:47 | 30 | 05:48 | 3 | 06:00 | 3 | 05:24 | 22 | 01:53 | 4 | 05:45 | 4 | 02:57 | 4 | 05:43 | 13 | 03:57 | 9 | |
| | | | | 00:17 | | 01:01 | | 01:21 | | 00:42 | | 02:22 | | -00:07 | | 01:42 | | 00:44 | | 01:34 | | 01:00 | | |
| 6. | Päivi Kulmala | 00:42:01 | 11:05:19 | 01:22 | 7 | 04:43 | 34 | 10:34 | 8 | 16:37 | 6 | 21:23 | 6 | 23:17 | 6 | 29:23 | 6 | 32:33 | 6 | 38:03 | 6 | 42:01 | 6 | 00:42:01 |
| | 0 | | 6 KM | 01:22 | 7 | 03:21 | 48 | 05:51 | 4 | 06:03 | 4 | 04:46 | 7 | 01:54 | 5 | 06:06 | 9 | 03:10 | 6 | 05:30 | 10 | 03:58 | 10 | |
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| 7. | Ville Vierimaa | 00:42:14 | 10:32:28 | 01:28 | 16 | 04:53 | 37 | 11:18 | 13 | 18:10 | 10 | 22:43 | 9 | 24:34 | 8 | 30:31 | 7 | 33:51 | 7 | 38:39 | 7 | 42:14 | 7 | 00:42:14 |
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| 8. | Topias Uusitalo | 00:43:15 | 11:24:51 | 01:25 | 12 | 03:27 | 3 | 09:50 | 5 | 16:49 | 7 | 22:34 | 8 | 24:39 | 9 | 30:38 | 8 | 34:15 | 9 | 39:31 | 9 | 43:15 | 8 | 00:43:15 |
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| 9. | Emilia Ståhlberg | 00:43:19 | 11:26:03 | 01:51 | 45 | 03:50 | 8 | 10:12 | 7 | 17:08 | 8 | 22:15 | 7 | 24:23 | 7 | 30:42 | 9 | 34:01 | 8 | 39:24 | 8 | 43:19 | 9 | 00:43:19 |
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| 10. | Anu Valkonen | 00:45:07 | 10:33:01 | 01:25 | 12 | 04:16 | 23 | 10:50 | 10 | 17:43 | 9 | 22:54 | 10 | 25:01 | 10 | 31:31 | 10 | 34:58 | 10 | 40:48 | 10 | 45:07 | 10 | 00:45:07 |
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| 11. | Minna Ryyppö | 00:45:55 | 10:07:27 | 01:22 | 7 | 04:10 | 18 | 11:18 | 13 | 18:30 | 12 | 23:13 | 12 | 25:30 | 11 | 32:04 | 11 | 35:34 | 11 | 41:15 | 11 | 45:55 | 11 | 00:45:55 |
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| 12. | Jouko Karamo | 00:46:15 | 10:24:47 | 01:24 | 10 | 04:00 | 13 | 11:00 | 11 | 18:13 | 11 | 23:12 | 11 | 25:30 | 11 | 32:04 | 11 | 35:49 | 12 | 41:30 | 12 | 46:15 | 12 | 00:46:15 |
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| 13. | Mikko Määttänen | 00:47:54 | 10:13:01 | 01:19 | 4 | 03:31 | 6 | 10:39 | 9 | 18:52 | 13 | 23:46 | 13 | 26:09 | 13 | 33:35 | 13 | 37:25 | 13 | 43:23 | 13 | 47:54 | 13 | 00:47:54 |
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| 14. | Antti Sorsa | 00:48:08 | 10:55:26 | 01:28 | 16 | 03:56 | 11 | 11:21 | 15 | 19:02 | 14 | 24:15 | 15 | 26:27 | 14 | 33:49 | 15 | 37:36 | 15 | 43:51 | 15 | 48:08 | 14 | 00:48:08 |
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| 15. | Antti Ahonen | 00:48:30 | 11:24:53 | 01:39 | 30 | 04:13 | 20 | 11:59 | 22 | 19:41 | 20 | 24:52 | 17 | 27:11 | 16 | 33:48 | 14 | 37:35 | 14 | 43:29 | 14 | 48:30 | 15 | 00:48:30 |
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| | | | | 00:42 | | 00:48 | | 03:19 | | 02:24 | | 02:09 | | 00:19 | | 02:34 | | 01:34 | | 01:45 | | 02:04 | | |
| 16. | Hanna-Riikka Koskinen | 00:48:49 | 10:46:32 | 01:56 | 51 | 04:12 | 19 | 11:26 | 16 | 19:34 | 18 | 25:25 | 19 | 27:34 | 18 | 34:10 | 17 | 37:52 | 16 | 44:10 | 16 | 48:49 | 16 | 00:48:49 |
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| | | | | 00:59 | | 00:30 | | 02:47 | | 02:50 | | 02:49 | | 00:09 | | 02:33 | | 01:29 | | 02:09 | | 01:42 | | |
| 17. | Jaakko Liukkala | 00:49:07 | 11:31:25 | 01:51 | 45 | 04:34 | 31 | 11:10 | 12 | 19:32 | 17 | 25:33 | 20 | 28:15 | 20 | 35:10 | 19 | 38:57 | 19 | 44:51 | 18 | 49:07 | 17 | 00:49:07 |
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| 18. | Tuomo Sevon | 00:49:15 | 10:59:03 | 01:50 | 44 | 07:26 | 71 | 14:40 | 51 | 21:53 | 36 | 27:04 | 28 | 29:17 | 24 | 35:45 | 21 | 39:11 | 20 | 44:37 | 17 | 49:15 | 18 | 00:49:15 |
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| 19. | Erik Lönnfeldt | 00:49:58 | 09:46:52 | 01:49 | 42 | 04:31 | 29 | 11:57 | 21 | 19:06 | 15 | 24:13 | 14 | 26:52 | 15 | 33:55 | 16 | 38:09 | 17 | 45:06 | 19 | 49:58 | 19 | 00:49:58 |
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| 20. | Riitta Koponen | 00:50:30 | 10:10:42 | 01:30 | 20 | 04:28 | 27 | 13:54 | 46 | 21:32 | 33 | 26:41 | 24 | 28:54 | 22 | 35:43 | 20 | 39:29 | 21 | 45:53 | 21 | 50:30 | 20 | 00:50:30 |
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| 21. | Marko Määttälä | 00:50:34 | 10:13:01 | 01:25 | 12 | 03:40 | 7 | 11:27 | 17 | 19:08 | 16 | 24:36 | 16 | 27:13 | 17 | 34:38 | 18 | 38:40 | 18 | 45:28 | 20 | 50:34 | 21 | 00:50:34 |
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| 22. | Antti Sallila | 00:51:17 | 10:48:30 | 01:29 | 19 | 04:31 | 29 | 13:07 | 34 | 20:26 | 24 | 27:48 | 33 | 30:13 | 33 | 36:57 | 27 | 41:01 | 27 | 47:10 | 25 | 51:17 | 22 | 00:51:17 |
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| 23. | Eija Rantala | 00:51:40 | 11:20:21 | 01:49 | 42 | 04:16 | 23 | 12:40 | 27 | 20:38 | 26 | 25:57 | 22 | 28:20 | 21 | 36:03 | 23 | 39:54 | 22 | 46:25 | 22 | 51:40 | 23 | 00:51:40 |
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| 24. | Jaakko Vanhala | 00:51:49 | 10:37:43 | 01:27 | 15 | 04:06 | 17 | 11:49 | 19 | 20:04 | 21 | 25:49 | 21 | 28:13 | 19 | 35:51 | 22 | 40:03 | 23 | 46:51 | 23 | 51:49 | 24 | 00:51:49 |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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| 24. Tapani Mikkola | 00:51:49 | 11:29:38 | 01:40 32 | 05:47 51 | 13:37 42 | 21:51 35 | 27:36 32 | 29:58 32 | 36:33 24 | 40:13 24 | 47:08 24 | 51:49 24 | 00:51:49 |
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| | | | 00:43 | 02:21 | 03:23 | 02:56 | 02:43 | 00:22 | 02:32 | 01:27 | 02:46 | 01:44 | |
| 26. Taru Uusitalo | 00:51:55 | 11:28:54 | 01:43 36 | 06:33 63 | 14:33 50 | 21:54 37 | 27:13 29 | 29:19 25 | 36:46 25 | 40:26 25 | 47:31 26 | 51:55 26 | 00:51:55 |
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| 27. Wilhelm Holfeld | 00:52:04 | 10:41:16 | 01:12 2 | 04:51 36 | 13:36 40 | 25:47 53 | 30:43 47 | 32:31 42 | 38:36 35 | 43:15 37 | 48:25 30 | 52:04 27 | 00:52:04 |
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| 28. Keijo Hämäläinen | 00:52:13 | 11:10:52 | 01:56 51 | 06:16 59 | 13:28 39 | 21:06 30 | 28:17 34 | 30:39 34 | 37:49 31 | 41:36 31 | 47:55 29 | 52:13 28 | 00:52:13 |
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| 29. Joona Vuorela | 00:52:22 | 10:34:38 | 01:31 22 | 04:00 13 | 11:41 18 | 19:40 19 | 25:07 18 | 29:19 25 | 37:08 29 | 41:11 29 | 47:38 27 | 52:22 29 | 00:52:22 |
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| | | | 00:34 | 00:43 | 03:14 | 02:41 | 02:25 | 02:12 | 03:46 | 01:50 | 02:18 | 01:47 | |
| 30. Kim Österberg | 00:52:48 | 10:26:00 | 01:38 29 | 05:28 46 | 12:21 25 | 21:27 32 | 27:01 27 | 29:34 29 | 38:05 33 | 41:43 32 | 47:45 28 | 52:48 30 | 00:52:48 |
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| 31. Petri Tilli | 00:53:04 | 10:48:56 | 01:48 41 | 04:53 37 | 12:45 29 | 20:04 21 | 27:33 31 | 29:40 30 | 36:46 25 | 40:52 26 | 48:30 31 | 53:04 31 | 00:53:04 |
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| | | | 00:51 | 01:19 | 03:25 | 02:01 | 04:27 | 00:07 | 03:03 | 01:53 | 03:29 | 01:37 | |
| 32. Ilpo Sarjanoja | 00:53:40 | 10:10:18 | 01:39 30 | 04:13 20 | 12:11 24 | 20:25 23 | 26:38 23 | 29:03 23 | 37:07 28 | 41:08 28 | 48:47 34 | 53:40 32 | 00:53:40 |
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| | | | 00:42 | 00:48 | 03:31 | 02:56 | 03:11 | 00:25 | 04:01 | 01:48 | 03:30 | 01:56 | |
| 33. Maija Raasakka | 00:53:43 | 09:58:41 | 01:46 37 | 04:44 35 | 13:05 33 | 21:03 29 | 29:07 36 | 31:34 35 | 38:57 36 | 42:41 35 | 49:01 36 | 53:43 33 | 00:53:43 |
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| | | | 00:49 | 01:12 | 03:54 | 02:40 | 05:02 | 00:27 | 03:20 | 01:31 | 02:11 | 01:45 | |
| 34. Pekka Ilmakunnas | 00:53:54 | 10:09:51 | 01:35 25 | 04:54 39 | 12:42 28 | 20:42 28 | 30:38 45 | 32:45 44 | 39:26 37 | 42:57 36 | 49:25 37 | 53:54 34 | 00:53:54 |
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| | | | 00:38 | 01:33 | 03:21 | 02:42 | 06:54 | 00:07 | 02:38 | 01:18 | 02:19 | 01:32 | |
| 35. Petri Penttinen | 00:54:03 | 10:01:33 | 01:24 10 | 03:55 9 | 11:55 20 | 20:30 25 | 26:56 25 | 29:19 25 | 38:03 32 | 41:52 33 | 48:45 33 | 54:03 35 | 00:54:03 |
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| | | | 00:27 | 00:45 | 03:33 | 03:17 | 03:24 | 00:23 | 04:41 | 01:36 | 02:44 | 02:21 | |
| 36. Oskari Penttinen | 00:54:07 | 10:01:28 | 01:31 22 | 04:00 13 | 12:04 23 | 20:39 27 | 27:00 26 | 29:23 28 | 38:06 34 | 42:00 34 | 48:53 35 | 54:07 36 | 00:54:07 |
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| | | | 00:34 | 00:43 | 03:37 | 03:17 | 03:19 | 00:23 | 04:40 | 01:41 | 02:44 | 02:17 | |
| 37. Laura Sumanen | 00:54:21 | 11:29:31 | 01:34 24 | 05:53 52 | 13:25 38 | 21:20 31 | 27:24 30 | 29:43 31 | 37:16 30 | 41:24 30 | 48:44 32 | 54:21 37 | 00:54:21 |
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| | | | 00:37 | 02:33 | 03:05 | 02:37 | 03:02 | 00:19 | 03:30 | 01:55 | 03:11 | 02:40 | |
| 38. Pentti Suonpää | 00:54:55 | 10:49:11 | 01:28 16 | 03:59 12 | 13:36 40 | 24:58 49 | 30:26 44 | 32:55 46 | 40:12 39 | 43:45 38 | 49:56 38 | 54:55 38 | 00:54:55 |
| 0 | | 6 KM | 01:28 16 | 02:31 16 | 09:37 62 | 11:22 64 | 05:28 24 | 02:29 40 | 07:17 29 | 03:33 13 | 06:11 23 | 04:59 37 | |
| | | | 00:31 | 00:45 | 05:10 | 06:04 | 02:26 | 00:29 | 03:14 | 01:20 | 02:02 | 02:02 | |
| 39. Mari Turri- Tuominen | 00:54:59 | 10:28:53 | 02:58 78 | 10:39 79 | 17:46 69 | 26:02 56 | 31:14 48 | 33:42 48 | 40:27 43 | 44:06 39 | 50:45 39 | 54:59 39 | 00:54:59 |
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| | | | 02:01 | 05:55 | 02:40 | 02:58 | 02:10 | 00:28 | 02:42 | 01:26 | 02:30 | 01:17 | |
| 40. Heikki Hassel | 00:55:22 | 10:28:35 | 02:58 78 | 06:46 66 | 16:18 59 | 25:08 51 | 31:23 49 | 34:06 50 | 40:48 45 | 44:35 41 | 50:48 40 | 55:22 40 | 00:55:22 |
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| | | | 02:01 | 02:02 | 05:05 | 03:32 | 03:13 | 00:43 | 02:39 | 01:34 | 02:04 | 01:37 | |
| 41. Jau Wistbacka | 00:55:46 | 10:14:29 | 01:55 49 | 05:42 50 | 13:19 36 | 26:00 55 | 31:31 50 | 33:51 49 | 41:27 49 | 45:12 45 | 51:11 41 | 55:46 41 | 00:55:46 |
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| | | | 00:58 | 02:01 | 03:10 | 07:23 | 02:29 | 00:20 | 03:33 | 01:32 | 01:50 | 01:38 | |
| 42. Daniel Rautio | 00:57:16 | 10:27:18 | 01:30 20 | 03:55 9 | 12:22 26 | 23:59 47 | 30:22 43 | 32:50 45 | 41:11 48 | 45:37 49 | 52:23 45 | 57:16 42 | 00:57:16 |
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| | | | 00:33 | 00:39 | 04:00 | 06:19 | 03:21 | 00:28 | 04:18 | 02:13 | 02:37 | 01:56 | |
| 43. Katri Salo | 00:57:25 | 10:20:22 | 02:06 57 | 04:57 40 | 14:00 47 | 23:22 45 | 29:23 40 | 32:10 41 | 40:09 38 | 44:34 40 | 51:47 42 | 57:25 43 | 00:57:25 |
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| 44. M. Karamo | 00:57:40 10:24:54 | 01:47 39 | 04:29 28 | 12:48 30 | 21:33 34 | 29:55 42 | 32:31 42 | 41:03 47 | 45:18 48 | 52:11 44 | 57:40 44 | 00:57:40 |
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| 45. Harri Tolvanen | 00:57:53 10:14:15 | 01:53 47 | 05:59 54 | 14:30 49 | 23:05 43 | 29:20 39 | 32:07 40 | 40:50 46 | 45:14 46 | 52:02 43 | 57:53 45 | 00:57:53 |
| 0 | 6 KM | 01:53 47 | 04:06 60 | 08:31 45 | 08:35 38 | 06:15 39 | 02:47 55 | 08:43 55 | 04:24 50 | 06:48 36 | 05:51 60 | |
| | | 00:56 | 02:20 | 04:04 | 03:17 | 03:13 | 00:47 | 04:40 | 02:11 | 02:39 | 02:54 | |
| 46. Jukka Leinonen | 00:57:54 11:04:16 | 03:05 81 | 06:02 56 | 14:45 52 | 23:01 41 | 29:05 35 | 31:57 37 | 40:30 44 | 45:06 44 | 52:24 46 | 57:54 46 | 00:57:54 |
| 0 | 6 KM | 03:05 81 | 02:57 35 | 08:43 48 | 08:16 34 | 06:04 34 | 02:52 63 | 08:33 53 | 04:36 61 | 07:18 51 | 05:30 51 | |
| | | 02:08 | 01:11 | 04:16 | 02:58 | 03:02 | 00:52 | 04:30 | 02:23 | 03:09 | 02:33 | |
| 47. Kerttu Peura | 00:57:58 11:00:29 | 01:55 49 | 05:10 43 | 14:03 48 | 23:06 44 | 29:14 37 | 31:46 36 | 40:17 40 | 45:17 47 | 52:36 47 | 57:58 47 | 00:57:58 |
| 0 | 6 KM | 01:55 49 | 03:15 44 | 08:53 50 | 09:03 46 | 06:08 36 | 02:32 42 | 08:31 50 | 05:00 68 | 07:19 52 | 05:22 47 | |
| | | 00:58 | 01:29 | 04:26 | 03:45 | 03:06 | 00:32 | 04:28 | 02:47 | 03:10 | 02:25 | |
| 48. Petri Väänänen | 00:59:19 10:14:34 | 01:40 32 | 05:35 48 | 13:53 45 | 22:15 38 | 29:28 41 | 32:04 39 | 40:26 42 | 44:48 42 | 52:39 48 | 59:19 48 | 00:59:19 |
| 0 | 6 KM | 01:40 32 | 03:55 57 | 08:18 39 | 08:22 36 | 07:13 52 | 02:36 44 | 08:22 49 | 04:22 49 | 07:51 64 | 06:40 70 | |
| | | 00:43 | 02:09 | 03:51 | 03:04 | 04:11 | 00:36 | 04:19 | 02:09 | 03:42 | 03:43 | |
| 49. Olli Tiainen | 00:59:20 11:02:55 | 01:47 39 | 04:14 22 | 13:17 35 | 23:03 42 | 30:40 46 | 33:29 47 | 42:08 50 | 46:26 50 | 53:35 50 | 59:20 49 | 00:59:20 |
| 0 | 6 KM | 01:47 39 | 02:27 11 | 09:03 52 | 09:46 55 | 07:37 59 | 02:49 57 | 08:39 54 | 04:18 47 | 07:09 47 | 05:45 55 | |
| | | 00:50 | 00:41 | 04:36 | 04:28 | 04:35 | 00:49 | 04:36 | 02:05 | 03:00 | 02:48 | |
| 50. Jussi Vuori | 00:59:59 10:25:41 | 01:59 53 | 04:41 33 | 12:52 31 | 22:46 40 | 33:16 53 | 35:35 53 | 42:15 51 | 46:46 51 | 54:35 51 | 59:59 50 | 00:59:59 |
| 0 | 6 KM | 01:59 53 | 02:42 23 | 08:11 38 | 09:54 56 | 10:30 78 | 02:19 22 | 06:40 18 | 04:31 57 | 07:49 63 | 05:24 49 | |
| | | 01:02 | 00:56 | 03:44 | 04:36 | 07:28 | 00:19 | 02:37 | 02:18 | 03:40 | 02:27 | |
| 51. Heikki Sorsa | 01:00:18 10:58:14 | 02:35 72 | 05:16 44 | 13:42 43 | 22:41 39 | 29:14 37 | 32:00 38 | 40:21 41 | 44:52 43 | 53:10 49 | 60:18 51 | 01:00:18 |
| 0 | 6 KM | 02:35 72 | 02:41 22 | 08:26 43 | 08:59 44 | 06:33 44 | 02:46 54 | 08:21 46 | 04:31 57 | 08:18 68 | 07:08 75 | |
| | | 01:38 | 00:55 | 03:59 | 03:41 | 03:31 | 00:46 | 04:18 | 02:18 | 04:09 | 04:11 | |
| 52. Janne Kiiskinen | 01:00:48 10:05:08 | 01:37 27 | 06:23 61 | 15:36 56 | 24:40 48 | 32:23 52 | 34:59 52 | 43:42 52 | 47:53 52 | 55:25 52 | 60:48 52 | 01:00:48 |
| 0 | 6 KM | 01:37 27 | 04:46 68 | 09:13 55 | 09:04 47 | 07:43 61 | 02:36 44 | 08:43 55 | 04:11 42 | 07:32 57 | 05:23 48 | |
| | | 00:40 | 03:00 | 04:46 | 03:46 | 04:41 | 00:36 | 04:40 | 01:58 | 03:23 | 02:26 | |
| 53. Teemu Heino | 01:01:32 11:46:30 | 05:32 82 | 08:33 75 | 16:26 60 | 23:45 46 | 37:49 71 | 40:19 67 | 48:40 60 | 52:13 58 | 57:32 55 | 61:32 53 | 01:01:32 |
| 0 | 6 KM | 05:32 82 | 03:01 40 | 07:53 32 | 07:19 15 | 14:04 81 | 02:30 41 | 08:21 46 | 03:33 13 | 05:19 7 | 04:00 11 | |
| | | 04:35 | 01:15 | 03:26 | 02:01 | 11:02 | 00:30 | 04:18 | 01:20 | 01:10 | 01:03 | |
| 54. Johanna Määttälä | 01:01:57 10:13:37 | 02:12 62 | 06:49 69 | 16:11 58 | 25:40 52 | 34:54 57 | 37:47 57 | 45:52 54 | 50:20 55 | 57:01 54 | 61:57 54 | 01:01:57 |
| 0 | 6 KM | 02:12 62 | 04:37 66 | 09:22 57 | 09:29 53 | 09:14 73 | 02:53 64 | 08:05 43 | 04:28 55 | 06:41 34 | 04:56 35 | |
| | | 01:15 | 02:51 | 04:55 | 04:11 | 06:12 | 00:53 | 04:02 | 02:15 | 02:32 | 01:59 | |
| 55. Matias Simberg | 01:02:34 10:22:17 | 02:26 67 | 05:24 45 | 14:57 53 | 24:59 50 | 32:08 51 | 34:58 51 | 44:23 53 | 48:50 53 | 56:45 53 | 62:34 55 | 01:02:34 |
| 0 | 6 KM | 02:26 67 | 02:58 36 | 09:33 61 | 10:02 57 | 07:09 48 | 02:50 61 | 09:25 65 | 04:27 54 | 07:55 65 | 05:49 58 | |
| | | 01:29 | 01:12 | 05:06 | 04:44 | 04:07 | 00:50 | 05:22 | 02:14 | 03:46 | 02:52 | |
| 56. Eino Tiittanen | 01:02:36 10:14:23 | 01:37 27 | 05:41 49 | 13:43 44 | 25:51 54 | 36:30 64 | 38:58 61 | 46:35 57 | 50:26 56 | 57:32 55 | 62:36 56 | 01:02:36 |
| 0 | 6 KM | 01:37 27 | 04:04 59 | 08:02 36 | 12:08 70 | 10:39 79 | 02:28 37 | 07:37 37 | 03:51 32 | 07:06 46 | 05:04 40 | |
| | | 00:40 | 02:18 | 03:35 | 06:50 | 07:37 | 00:28 | 03:34 | 01:38 | 02:57 | 02:07 | |
| 57. Seppo Vänttinen | 01:03:29 10:02:14 | 02:13 63 | 05:02 41 | 17:35 68 | 26:46 59 | 33:46 55 | 36:36 54 | 46:06 56 | 50:32 57 | 57:57 57 | 63:29 57 | 01:03:29 |
| 0 | 6 KM | 02:13 63 | 02:49 32 | 12:33 77 | 09:11 49 | 07:00 45 | 02:50 61 | 09:30 67 | 04:26 52 | 07:25 55 | 05:32 52 | |
| | | 01:16 | 01:03 | 08:06 | 03:53 | 03:58 | 00:50 | 05:27 | 02:13 | 03:16 | 02:35 | |
| 58. Zenia Matko | 01:04:28 11:02:33 | 03:03 80 | 07:49 73 | 17:12 61 | 26:25 58 | 33:36 54 | 37:04 56 | 45:55 55 | 49:58 54 | 58:18 58 | 64:28 58 | 01:04:28 |
| 0 | 6 KM | 03:03 80 | 04:46 68 | 09:23 58 | 09:13 50 | 07:11 49 | 03:28 73 | 08:51 61 | 04:03 37 | 08:20 69 | 06:10 63 | |
| | | 02:06 | 03:00 | 04:56 | 03:55 | 04:09 | 01:28 | 04:48 | 01:50 | 04:11 | 03:13 | |
| 59. Vesa Pajuoja | 01:06:59 11:29:57 | 02:45 73 | 05:59 54 | 18:53 74 | 27:34 61 | 35:47 60 | 38:36 60 | 49:34 63 | 54:03 61 | 61:13 59 | 66:59 59 | 01:06:59 |
| 0 | 6 KM | 02:45 73 | 03:14 43 | 12:54 78 | 08:41 41 | 08:13 68 | 02:49 57 | 10:58 74 | 04:29 56 | 07:10 48 | 05:46 56 | |
| | | 01:48 | 01:28 | 08:27 | 03:23 | 05:11 | 00:49 | 06:55 | 02:16 | 03:01 | 02:49 | |
| 60. Anneli Ojapalo | 01:07:44 10:12:40 | 02:17 64 | 05:33 47 | 15:37 57 | 27:08 60 | 37:24 69 | 40:45 69 | 49:34 63 | 54:26 63 | 61:54 61 | 67:44 60 | 01:07:44 |
| 0 | 6 KM | 02:17 64 | 03:16 46 | 10:04 63 | 11:31 65 | 10:16 77 | 03:21 71 | 08:49 60 | 04:52 65 | 07:28 56 | 05:50 59 | |
| | | 01:20 | 01:30 | 05:37 | 06:13 | 07:14 | 01:21 | 04:46 | 02:39 | 03:19 | 02:53 | |
| 61. Raini Raal | 01:07:45 10:55:03 | 01:41 35 | 04:26 26 | 12:59 32 | 26:10 57 | 34:09 56 | 36:53 55 | 47:50 59 | 52:46 60 | 61:50 60 | 67:45 61 | 01:07:45 |
| 0 | 6 KM | 01:41 35 | 02:45 28 | 08:33 46 | 13:11 76 | 07:59 65 | 02:44 53 | 10:57 73 | 04:56 66 | 09:04 75 | 05:55 61 | |
| | | 00:44 | 00:59 | 04:06 | 07:53 | 04:57 | 00:44 | 06:54 | 02:43 | 04:55 | 02:58 | |
| 62. Nina Tupitsa | 01:08:23 10:18:00 | 02:10 61 | 05:09 42 | 19:33 76 | 28:56 67 | 39:01 72 | 41:58 72 | 50:46 68 | 55:18 66 | 62:37 63 | 68:23 62 | 01:08:23 |
| 0 | 6 KM | 02:10 61 | 02:59 39 | 14:24 82 | 09:23 52 | 10:05 76 | 02:57 65 | 08:48 59 | 04:32 59 | 07:19 52 | 05:46 56 | |
| | | 01:13 | 01:13 | 09:57 | 04:05 | 07:03 | 00:57 | 04:45 | 02:19 | 03:10 | 02:49 | |
| 63. Jaakko Passinen | 01:08:59 09:57:18 | 02:09 59 | 06:58 70 | 17:25 64 | 27:54 62 | 34:57 58 | 37:55 58 | 46:52 58 | 52:26 59 | 62:06 62 | 68:59 63 | 01:08:59 |
| 0 | 6 KM | 02:09 59 | 04:49 71 | 10:27 65 | 10:29 59 | 07:03 46 | 02:58 66 | 08:57 62 | 05:34 75 | 09:40 79 | 06:53 72 | |

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | 01:12 | 03:03 | 06:00 | 05:11 | 04:01 | 00:58 | 04:54 | 03:21 | 05:31 | 03:56 | | |
| 64. Reino Hotti | 01:09:25 10:49:14 | 02:08 58 | 08:42 76 | 19:10 75 | 29:28 71 | 36:50 66 | 39:53 65 | 49:16 62 | 54:22 62 | 63:00 64 | 69:25 64 | 01:09:25 | |
| 0 | 6 KM | 02:08 58 | 06:34 78 | 10:28 66 | 10:18 58 | 07:22 55 | 03:03 67 | 09:23 64 | 05:06 69 | 08:38 70 | 06:25 68 | | |
| | | 01:11 | 04:48 | 06:01 | 05:00 | 04:20 | 01:03 | 05:20 | 02:53 | 04:29 | 03:28 | | |
| 65. H. Harju | 01:09:43 09:52:14 | 02:03 55 | 07:52 74 | 18:51 72 | 28:33 65 | 36:14 61 | 39:49 63 | 49:07 61 | 54:33 64 | 63:15 66 | 69:43 65 | 01:09:43 | |
| 0 | 6 KM | 02:03 55 | 05:49 76 | 10:59 70 | 09:42 54 | 07:41 60 | 03:35 75 | 09:18 63 | 05:26 73 | 08:42 71 | 06:28 69 | | |
| | | 01:06 | 04:03 | 06:32 | 04:24 | 04:39 | 01:35 | 05:15 | 03:13 | 04:33 | 03:31 | | |
| 65. Risto Heiskanen | 01:09:43 10:19:39 | 02:52 76 | 06:42 65 | 17:24 62 | 28:26 64 | 36:22 63 | 39:32 62 | 50:06 65 | 55:05 65 | 63:03 65 | 69:43 65 | 01:09:43 | |
| 0 | 6 KM | 02:52 76 | 03:50 55 | 10:42 67 | 11:02 61 | 07:56 64 | 03:10 69 | 10:34 72 | 04:59 67 | 07:58 66 | 06:40 70 | | |
| | | 01:55 | 02:04 | 06:15 | 05:44 | 04:54 | 01:10 | 06:31 | 02:46 | 03:49 | 03:43 | | |
| 67. Nora Lappalainen | 01:09:50 10:11:34 | 02:26 67 | 06:28 62 | 17:24 62 | 28:58 69 | 37:06 68 | 40:55 71 | 50:36 67 | 55:47 68 | 63:35 67 | 69:50 67 | 01:09:50 | |
| 0 | 6 KM | 02:26 67 | 04:02 58 | 10:56 69 | 11:34 66 | 08:08 67 | 03:49 76 | 09:41 69 | 05:11 71 | 07:48 62 | 06:15 66 | | |
| | | 01:29 | 02:16 | 06:29 | 06:16 | 05:06 | 01:49 | 05:38 | 02:58 | 03:39 | 03:18 | | |
| 68. Sampo Lappalainen | 01:09:51 10:11:30 | 02:17 64 | 06:35 64 | 17:29 66 | 29:04 70 | 36:50 66 | 40:47 70 | 50:31 66 | 55:40 67 | 63:40 68 | 69:51 68 | 01:09:51 | |
| 0 | 6 KM | 02:17 64 | 04:18 63 | 10:54 68 | 11:35 68 | 07:46 62 | 03:57 77 | 09:44 70 | 05:09 70 | 08:00 67 | 06:11 64 | | |
| | | 01:20 | 02:32 | 06:27 | 06:17 | 04:44 | 01:57 | 05:41 | 02:56 | 03:51 | 03:14 | | |
| 69. Aino Leppänen | 01:11:13 10:06:59 | 02:29 71 | 07:43 72 | 18:52 73 | 30:11 72 | 37:31 70 | 40:35 68 | 50:48 69 | 56:01 69 | 65:04 69 | 71:13 69 | 01:11:13 | |
| 0 | 6 KM | 02:29 71 | 05:14 73 | 11:09 71 | 11:19 63 | 07:20 54 | 03:04 68 | 10:13 71 | 05:13 72 | 09:03 74 | 06:09 62 | | |
| | | 01:32 | 03:28 | 06:42 | 06:01 | 04:18 | 01:04 | 06:10 | 03:00 | 04:54 | 03:12 | | |
| 70. Tuomas Vanhanen | 01:12:01 10:49:21 | 01:36 26 | 04:21 25 | 13:21 37 | 33:25 74 | 40:30 73 | 43:07 73 | 52:38 72 | 57:22 71 | 66:45 71 | 72:01 70 | 01:12:01 | |
| 0 | 6 KM | 01:36 26 | 02:45 28 | 09:00 51 | 20:04 81 | 07:05 47 | 02:37 47 | 09:31 68 | 04:44 64 | 09:23 76 | 05:16 44 | | |
| | | 00:39 | 00:59 | 04:33 | 14:46 | 04:03 | 00:37 | 05:28 | 02:31 | 05:14 | 02:19 | | |
| 71. Anders Sjöholm | 01:12:14 09:53:04 | 02:26 67 | 11:35 80 | 20:55 78 | 36:32 76 | 42:43 75 | 45:32 75 | 55:00 73 | 59:20 73 | 66:56 72 | 72:14 71 | 01:12:14 | |
| 0 | 6 KM | 02:26 67 | 09:09 81 | 09:20 56 | 15:37 79 | 06:11 37 | 02:49 57 | 09:28 66 | 04:20 48 | 07:36 58 | 05:18 45 | | |
| | | 01:29 | 07:23 | 04:53 | 10:19 | 03:09 | 00:49 | 05:25 | 02:07 | 03:27 | 02:21 | | |
| 72. Matti Heikinheimo | 01:12:54 10:17:18 | 02:56 77 | 06:11 57 | 17:31 67 | 28:45 66 | 36:17 62 | 39:51 64 | 51:37 71 | 57:15 70 | 65:58 70 | 72:54 72 | 01:12:54 | |
| 0 | 6 KM | 02:56 77 | 03:15 44 | 11:20 73 | 11:14 62 | 07:32 58 | 03:34 74 | 11:46 77 | 05:38 76 | 08:43 72 | 06:56 73 | | |
| | | 01:59 | 01:29 | 06:53 | 05:56 | 04:30 | 01:34 | 07:43 | 03:25 | 04:34 | 03:59 | | |
| 73. Jarmo Paikkala | 01:15:07 10:09:21 | 02:09 59 | 06:47 67 | 18:10 71 | 28:56 67 | 36:45 65 | 40:02 66 | 51:28 70 | 57:29 72 | 67:04 73 | 75:07 73 | 01:15:07 | |
| 0 | 6 KM | 02:09 59 | 04:38 67 | 11:23 74 | 10:46 60 | 07:49 63 | 03:17 70 | 11:26 76 | 06:01 77 | 09:35 77 | 08:03 78 | | |
| | | 01:12 | 02:52 | 06:56 | 05:28 | 04:47 | 01:17 | 07:23 | 03:48 | 05:26 | 05:06 | | |
| 74. Seppo Kokkonen | 01:17:57 10:54:48 | 02:05 56 | 06:16 59 | 15:20 55 | 28:09 63 | 35:23 59 | 38:12 59 | 58:06 75 | 62:38 74 | 71:35 74 | 77:57 74 | 01:17:57 | |
| 0 | 6 KM | 02:05 56 | 04:11 62 | 09:04 54 | 12:49 74 | 07:14 53 | 02:49 57 | 19:54 82 | 04:32 59 | 08:57 73 | 06:22 67 | | |
| | | 01:08 | 02:25 | 04:37 | 07:31 | 04:12 | 00:49 | 15:51 | 02:19 | 04:48 | 03:25 | | |
| 75. Tapio Tiura | 01:22:44 10:48:00 | 02:48 74 | 06:12 58 | 17:28 65 | 30:22 73 | 41:40 74 | 45:04 74 | 57:40 74 | 64:10 75 | 74:32 75 | 82:44 75 | 01:22:44 | |
| 0 | 6 KM | 02:48 74 | 03:24 49 | 11:16 72 | 12:54 75 | 11:18 80 | 03:24 72 | 12:36 79 | 06:30 81 | 10:22 82 | 08:12 79 | | |
| | | 01:51 | 01:38 | 06:49 | 07:36 | 08:16 | 01:24 | 08:33 | 04:17 | 06:13 | 05:15 | | |
| 76. H. Ekholm | 01:25:33 09:51:25 | 02:21 66 | 09:14 77 | 25:21 80 | 38:06 79 | 46:23 78 | 50:52 79 | 62:09 78 | 68:50 78 | 78:27 77 | 85:33 76 | 01:25:33 | |
| 0 | 6 KM | 02:21 66 | 06:53 79 | 16:07 83 | 12:45 73 | 08:17 69 | 04:29 81 | 11:17 75 | 06:41 82 | 09:37 78 | 07:06 74 | | |
| | | 01:24 | 05:07 | 11:40 | 07:27 | 05:15 | 02:29 | 07:14 | 04:28 | 05:28 | 04:09 | | |
| 77. Pekka Nykänen | 01:25:46 10:45:01 | 02:27 70 | 05:58 53 | 17:52 70 | 37:19 78 | 45:43 77 | 49:48 77 | 61:50 76 | 67:55 76 | 78:02 76 | 85:46 77 | 01:25:46 | |
| 0 | 6 KM | 02:27 70 | 03:31 51 | 11:54 76 | 19:27 80 | 08:24 71 | 04:05 79 | 12:02 78 | 06:05 79 | 10:07 81 | 07:44 76 | | |
| | | 01:30 | 01:45 | 07:27 | 14:09 | 05:22 | 02:05 | 07:59 | 03:52 | 05:58 | 04:47 | | |
| 78. Atte Kiiskinen | 01:26:00 10:04:40 | 01:59 53 | 06:47 67 | 19:44 77 | 34:16 75 | 43:00 76 | 48:08 76 | 62:03 77 | 68:07 77 | 79:49 78 | 86:00 78 | 01:26:00 | |
| 0 | 6 KM | 01:59 53 | 04:48 70 | 12:57 79 | 14:32 78 | 08:44 72 | 05:08 82 | 13:55 80 | 06:04 78 | 11:42 83 | 06:11 64 | | |
| | | 01:02 | 03:02 | 08:30 | 09:14 | 05:42 | 03:08 | 09:52 | 03:51 | 07:33 | 03:14 | | |
| 79. Heikki Lepistö | 01:28:47 10:44:47 | 02:48 74 | 09:14 77 | 22:47 79 | 36:35 77 | 46:34 79 | 50:38 78 | 64:55 79 | 71:04 79 | 80:58 79 | 88:47 79 | 01:28:47 | |
| 0 | 6 KM | 02:48 74 | 06:26 77 | 13:33 80 | 13:48 77 | 09:59 75 | 04:04 78 | 14:17 81 | 06:09 80 | 09:54 80 | 07:49 77 | | |
| | | 01:51 | 04:40 | 09:06 | 08:30 | 06:57 | 02:04 | 10:14 | 03:56 | 05:45 | 04:52 | | |
| Tommi Tervakangas | DQ 09:58:59 | | | | | | | | | | | DQ | |
| 0 | 6 KM | | | 07:10 17 | | | | | | 05:46 14 | | | |
| | | | | 02:43 | | | | | | 01:37 | | | |
| Risto Salmela | DQ ??:??:?? | | | | | | | | | | | DQ | |
| 0 | 6 KM | | | | | | | | | | | | |
| Oskari Jacobsson | DQ 10:37:49 | | | | | | | | | | | DQ | |
| 0 | 6 KM | | | | | | 02:25 33 | 08:13 45 | 04:15 45 | 07:10 48 | | | |
| | | | | | | | 00:25 | 04:10 | 02:02 | 03:01 | | | |
| Tomi Malmi | DQ 10:23:37 | 01:53 47 | 04:35 32 | 15:00 54 | | | | | | | | DQ | |

| | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 0 | | 6 KM | 01:53 47 | 02:42 23 | 10:25 64 | | | | | | | | | | | | |
| | | | 00:56 | 00:56 | 05:58 | | | | | | | | | | | | |
| Riitta Koponen | DQ | ??:??:?? | | | | | | | | | | | | | | | DQ |
| 0 | | 6 KM | | | | | | | | | | | | | | | |
| Riitta Innilä | DQ | ??:??:?? | | | | | | | | | | | | | | | DQ |
| 0 | | 6 KM | | | | | | | | | | | | | | | |
| Bror-Erik Cederlöf | DQ | 10:27:10 | 01:46 37 | | | | | | | | | | | | | | DQ |
| 0 | | 6 KM | 01:46 37 | | | 11:34 66 | 05:22 21 | 02:16 19 | 06:58 25 | 05:28 74 | 07:01 44 | | | | | | |
| | | | 00:49 | | | 06:16 | 02:20 | 00:16 | 02:55 | 03:15 | 02:52 | | | | | | |
| Juhani Tarvainen | DQ | 10:25:27 | 01:40 32 | | | | | | | | | | | | | | DQ |
| 0 | | 6 KM | 01:40 32 | | | 09:02 45 | 07:11 49 | 02:41 50 | 08:09 44 | 04:43 63 | 07:47 61 | | | | | | |
| | | | 00:43 | | | 03:44 | 04:09 | 00:41 | 04:06 | 02:30 | 03:38 | | | | | | |
| *Ideal time:* | | | *00:57* | *01:46* | *04:27* | *05:18* | *03:02* | *01:48* | *04:03* | *02:13* | *04:09* | *02:57* | *00:30:40* | | | | |

## M Course (3): 12 KP ^

| # | Name | Result | Start | 1.( 72) | 2.( 73) | 3.( 76) | 4.( 78) | 5.( 81) | 6.( 82) | 7.( 83) | 8.( 85) | 9.( 90) | 10.( 91) | 11.( 92) | 12.( 93) | Finish | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1. | Teemu Väre | 00:50:32 | 11:45:33 | 01:31 1 | 02:52 1 | 08:32 1 | 12:06 1 | 20:15 1 | 24:47 1 | 27:15 1 | 32:20 1 | 35:47 1 | 40:14 1 | 42:58 1 | 47:13 1 | 50:32 1 | 00:50:32 |
| | 0 | 9 KM | | 01:31 1 | 01:21 1 | 05:40 1 | 03:34 1 | 08:09 1 | 04:32 1 | 02:28 1 | 05:05 29 | 03:27 1 | 04:27 1 | 02:44 1 | 04:15 1 | 03:19 2 | |
| | | | | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | |
| 2. | Valtteri Torsti | 00:52:41 | 11:29:12 | 01:53 15 | 03:19 3 | 09:05 2 | 12:55 2 | 21:34 2 | 26:36 2 | 29:16 2 | 32:40 2 | 36:33 2 | 42:06 2 | 45:04 2 | 49:28 2 | 52:41 2 | 00:52:41 |
| | 0 | 9 KM | | 01:53 15 | 01:26 2 | 05:46 2 | 03:50 2 | 08:39 4 | 05:02 3 | 02:40 2 | 03:24 2 | 03:53 5 | 05:33 8 | 02:58 2 | 04:24 2 | 03:13 1 | |
| | | | | 00:22 | 00:05 | 00:06 | 00:16 | 00:30 | 00:30 | 00:12 | -01:41 | 00:26 | 01:06 | 00:14 | 00:09 | -00:06 | |
| 3. | Vili Virkki | 00:55:08 | 11:18:08 | 01:36 2 | 03:11 2 | 09:21 3 | 13:19 3 | 22:13 3 | 27:28 3 | 30:18 3 | 34:42 3 | 38:35 3 | 43:28 3 | 46:36 3 | 51:24 3 | 55:08 3 | 00:55:08 |
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| 36. Annariina Hiltunen | 01:19:58 10:45:43 | 02:45 28 | 04:58 23 | 12:39 23 | 17:25 23 | 32:35 34 | 40:48 37 | 44:26 36 | 49:50 35 | 55:09 34 | 64:29 35 | 68:30 36 | 75:05 36 | 79:58 36 | 01:19:58 |
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| 38. Veikko Tikka | 01:21:01 10:45:19 | 03:00 33 | 05:35 30 | 13:38 33 | 18:30 33 | 32:35 34 | 39:36 34 | 43:47 34 | 49:42 33 | 55:19 35 | 64:49 39 | 68:52 37 | 75:44 39 | 81:01 38 | 01:21:01 |
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| | | 01:29 | 01:14 | 02:23 | 01:18 | 05:56 | 02:29 | 01:43 | 00:50 | 02:10 | 05:03 | 01:19 | 02:37 | 01:58 | |
| 39. Ilkka Ojapalo | 01:21:08 10:10:15 | 03:05 37 | 06:16 37 | 15:32 40 | 21:07 41 | 34:22 38 | 42:02 40 | 45:56 41 | 50:56 38 | 56:34 38 | 64:34 37 | 68:55 38 | 75:24 37 | 81:08 39 | 01:21:08 |
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| 40. Timo Pietikäinen | 01:21:09 09:49:33 | 02:40 27 | 07:31 43 | 15:52 42 | 20:43 39 | 36:15 42 | 43:00 42 | 47:02 42 | 51:53 40 | 57:15 41 | 64:58 40 | 69:06 40 | 76:05 40 | 81:09 40 | 01:21:09 |
| 0 | 9 KM | 02:40 27 | 04:51 46 | 08:21 39 | 04:51 32 | 15:32 45 | 06:45 29 | 04:02 38 | 04:51 24 | 05:22 36 | 07:43 29 | 04:08 38 | 06:59 39 | 05:04 36 | |
| | | 01:09 | 03:30 | 02:41 | 01:17 | 07:23 | 02:13 | 01:34 | -00:14 | 01:55 | 03:16 | 01:24 | 02:44 | 01:45 | |
| 41. Elina Rauhala | 01:23:44 10:13:25 | 02:36 26 | 04:50 20 | 13:39 34 | 19:03 35 | 34:08 37 | 41:15 38 | 45:16 39 | 51:19 39 | 56:56 40 | 66:20 41 | 71:57 41 | 78:49 41 | 83:44 41 | 01:23:44 |
| 0 | 9 KM | 02:36 26 | 02:14 26 | 08:49 41 | 05:24 42 | 15:05 42 | 07:07 36 | 04:01 37 | 06:03 38 | 05:37 41 | 09:24 45 | 05:37 51 | 06:52 37 | 04:55 29 | |
| | | 01:05 | 00:53 | 03:09 | 01:50 | 06:56 | 02:35 | 01:33 | 00:58 | 02:10 | 04:57 | 02:53 | 02:37 | 01:36 | |
| 42. Kari Sane | 01:25:48 11:13:13 | 06:02 48 | 09:07 47 | 16:34 44 | 21:13 43 | 34:27 39 | 40:43 36 | 44:19 35 | 49:49 34 | 54:39 33 | 68:37 42 | 72:45 42 | 80:07 42 | 85:48 42 | 01:25:48 |
| 0 | 9 KM | 06:02 48 | 03:05 37 | 07:27 26 | 04:39 25 | 13:14 32 | 06:16 21 | 03:36 26 | 05:30 33 | 04:50 25 | 13:58 49 | 04:08 38 | 07:22 44 | 05:41 43 | |
| | | 04:31 | 01:44 | 01:47 | 01:05 | 05:05 | 01:44 | 01:08 | 00:25 | 01:23 | 09:31 | 01:24 | 03:07 | 02:22 | |
| 43. Jukka-Pekka Pietilä | 01:31:10 10:33:54 | 03:40 42 | 08:04 46 | 17:28 46 | 23:26 45 | 38:04 44 | 45:45 44 | 50:33 43 | 57:28 44 | 63:55 44 | 72:04 43 | 76:40 43 | 85:57 43 | 91:10 43 | 01:31:10 |
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| | | 02:09 | 03:03 | 03:44 | 02:24 | 06:29 | 03:09 | 02:20 | 01:50 | 03:00 | 03:42 | 01:52 | 05:02 | 01:54 | |
| 44. Jukka Aunula | 01:31:22 10:05:42 | 03:03 35 | 05:57 34 | 15:30 39 | 21:40 44 | 43:31 47 | 51:13 46 | 55:01 45 | 61:07 45 | 66:43 45 | 75:07 45 | 79:16 44 | 86:20 44 | 91:22 44 | 01:31:22 |
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| | | 01:32 | 01:33 | 03:53 | 02:36 | 13:42 | 03:10 | 01:20 | 01:01 | 02:09 | 03:57 | 01:25 | 02:49 | 01:43 | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 45. Ari Kyöstilä | 01:34:06 10:08:51 | 02:48 29 | 05:47 32 | 14:56 37 | 20:48 40 | 36:43 43 | 44:56 43 | 50:40 44 | 56:10 43 | 63:26 43 | 74:25 44 | 79:52 45 | 87:59 45 | 94:06 45 | 01:34:06 |
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| | | 01:17 | 01:38 | 03:29 | 02:18 | 07:46 | 03:41 | 03:16 | 00:25 | 03:49 | 06:32 | 02:43 | 03:52 | 02:48 | |
| 46. Kristiina Ahlqvist | 01:37:40 10:27:58 | 02:22 23 | 07:44 44 | 20:50 48 | 26:40 48 | 44:08 48 | 51:52 47 | 56:54 47 | 63:26 47 | 69:56 47 | 78:03 47 | 82:39 47 | 91:56 47 | 97:40 46 | 01:37:40 |
| 0 | 9 KM | 02:22 23 | 05:22 48 | 13:06 50 | 05:50 44 | 17:28 49 | 07:44 45 | 05:02 47 | 06:32 43 | 06:30 48 | 08:07 31 | 04:36 46 | 09:17 50 | 05:44 44 | |
| | | 00:51 | 04:01 | 07:26 | 02:16 | 09:19 | 03:12 | 02:34 | 01:27 | 03:03 | 03:40 | 01:52 | 05:02 | 02:25 | |
| 47. Seppo Terävä | 01:38:03 10:53:58 | 04:10 45 | 07:27 42 | 19:13 47 | 25:05 46 | 41:00 45 | 50:33 45 | 55:54 46 | 62:10 46 | 68:43 46 | 77:17 46 | 82:23 46 | 91:48 46 | 98:03 47 | 01:38:03 |
| 0 | 9 KM | 04:10 45 | 03:17 41 | 11:46 49 | 05:52 45 | 15:55 46 | 09:33 49 | 05:21 49 | 06:16 42 | 06:33 49 | 08:34 37 | 05:06 49 | 09:25 52 | 06:15 48 | |
| | | 02:39 | 01:56 | 06:06 | 02:18 | 07:46 | 05:01 | 02:53 | 01:11 | 03:06 | 04:07 | 02:22 | 05:10 | 02:56 | |
| 48. Veli-Matti Kajova | 01:40:06 10:58:42 | 03:59 44 | 07:13 41 | 16:41 45 | 25:28 47 | 42:49 46 | 54:45 48 | 59:02 48 | 65:36 48 | 71:55 48 | 80:44 48 | 85:45 48 | 94:01 48 | 100:06 48 | 01:40:06 |
| 0 | 9 KM | 03:59 44 | 03:14 40 | 09:28 46 | 08:47 49 | 17:21 48 | 11:56 50 | 04:17 41 | 06:34 44 | 06:19 46 | 08:49 39 | 05:01 48 | 08:16 48 | 06:05 46 | |
| | | 02:28 | 01:53 | 03:48 | 05:13 | 09:12 | 07:24 | 01:49 | 01:29 | 02:52 | 04:22 | 02:17 | 04:01 | 02:46 | |
| Jaakko Pyykönen | DQ 10:07:15 | | | | | | | | | | | | | | DQ |
| 0 | 9 KM | | | | | 35:55 51 | | | | | | 02:59 3 | 05:05 8 | | |
| | | | | | | 27:46 | | | | | | 00:15 | 00:50 | | |
| Pekka Larmala | DQ ??:??:?? | | | | | | | | | | | | | | DQ |
| 0 | 9 KM | | | | | | | | | | | | | | |
| Aulis Boström | DQ 09:43:16 | 06:47 49 | | | | | | | | | | | | | DQ |
| 0 | 9 KM | 06:47 49 | | | | | | | | | | | | | |
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| Micaela Ekwik | DQ 09:59:35 | | | | | | | | | | | | | | DQ |
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| Tapio Rauhala | DQ 10:14:24 | | | | | | | | | | | | | | DQ |
| 0 | 9 KM | | | 08:03 33 | 05:12 39 | 15:25 44 | 07:41 42 | 04:22 42 | 06:06 40 | 05:08 31 | 09:13 43 | 04:12 43 | 06:37 33 | | |
| | | | | 02:23 | 01:38 | 07:16 | 03:09 | 01:54 | 01:01 | 01:41 | 04:46 | 01:28 | 02:22 | | |
| Niko Larmala | DQ 10:31:52 | | | | | | | | | | | | | | DQ |
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| *Ideal time:* | | *01:31* | *01:21* | *05:40* | *03:34* | *08:09* | *04:32* | *02:28* | *03:19* | *03:27* | *04:27* | *02:44* | *04:15* | *03:13* | *00:48:40* |

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| 1. Vili Niemi | 01:02:32 10:42:53 | 01:04 1 | 02:59 1 | 06:20 1 | 11:28 1 | 15:31 1 | 20:11 1 | 25:02 1 | 30:14 1 | 33:18 1 | 36:12 1 | 38:17 1 | 43:05 1 | 46:18 1 | 52:41 1 | 55:27 1 | 59:18 1 | 62:32 1 | 01:02:32 |
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| 2. Elias Suni | 01:07:28 10:06:21 | 01:14 5 | 03:11 3 | 07:01 4 | 12:24 3 | 16:54 2 | 22:08 2 | 27:27 2 | 31:55 2 | 35:03 2 | 38:10 2 | 40:36 2 | 45:51 2 | 49:19 2 | 56:30 2 | 59:21 2 | 64:10 2 | 67:28 2 | 01:07:28 |
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| 3. Heikki Väänänen | 01:11:03 09:48:45 | 01:07 3 | 03:12 4 | 06:50 3 | 12:06 2 | 17:29 3 | 22:47 3 | 28:27 4 | 35:58 5 | 38:58 5 | 42:09 5 | 44:25 5 | 49:36 3 | 53:18 3 | 60:10 3 | 62:59 3 | 67:40 3 | 71:03 3 | 01:11:03 |
| 0 | 12 KM | 01:07 3 | 02:05 4 | 03:38 3 | 05:16 3 | 05:23 6 | 05:18 4 | 05:40 6 | 07:31 17 | 03:00 2 | 03:11 4 | 02:16 4 | 05:11 2 | 03:42 6 | 06:52 3 | 02:49 3 | 04:41 2 | 03:23 4 | |
| | | 00:03 | 00:10 | 00:17 | 00:08 | 01:20 | 00:38 | 00:49 | 02:19 | -00:04 | 00:17 | 00:11 | 00:23 | 00:29 | 00:29 | 00:03 | 00:50 | 00:09 | |
| 4. Joni Virtanen | 01:12:30 10:16:39 | 02:07 16 | 04:56 15 | 09:43 16 | 14:07 8 | 18:47 6 | 23:20 4 | 28:13 3 | 33:00 3 | 38:17 3 | 41:44 3 | 43:50 3 | 52:04 5 | 55:41 5 | 61:43 5 | 64:29 5 | 69:25 5 | 72:30 4 | 01:12:30 |
| 0 pyörä | 12 KM | 02:07 16 | 02:49 14 | 04:47 17 | 04:24 1 | 04:40 4 | 04:33 1 | 04:53 2 | 04:47 3 | 05:17 18 | 03:27 6 | 02:06 2 | 08:14 17 | 03:37 4 | 06:02 1 | 02:46 1 | 04:56 6 | 03:05 1 | |
| | | 01:03 | 00:54 | 01:26 | -00:44 | 00:37 | -00:07 | 00:02 | -00:25 | 02:13 | 00:33 | 00:01 | 03:26 | 00:24 | -00:21 | 00:00 | 01:05 | -00:09 | |
| 5. Kimmo Berg | 01:13:15 10:25:24 | 01:26 7 | 03:39 6 | 07:59 9 | 13:30 5 | 18:06 5 | 23:25 5 | 29:03 5 | 34:01 4 | 38:27 4 | 41:53 4 | 44:20 4 | 49:44 4 | 53:22 4 | 61:09 4 | 64:21 4 | 69:13 4 | 73:15 5 | 01:13:15 |
| 0 | 12 KM | 01:26 7 | 02:13 5 | 04:20 11 | 05:31 5 | 04:36 3 | 05:19 5 | 05:38 5 | 04:58 4 | 04:26 12 | 03:26 5 | 02:27 7 | 05:24 5 | 03:38 5 | 07:47 6 | 03:12 6 | 04:52 5 | 04:02 8 | |
| | | 00:22 | 00:18 | 00:59 | 00:23 | 00:33 | 00:39 | 00:47 | -00:14 | 01:22 | 00:32 | 00:22 | 00:36 | 00:25 | 01:24 | 00:26 | 01:01 | 00:48 | |
| 6. Mikael Rautio | 01:18:20 10:25:48 | 01:11 4 | 03:27 5 | 07:25 5 | 13:06 4 | 18:00 4 | 23:58 6 | 30:45 6 | 36:01 6 | 39:29 6 | 44:22 6 | 47:00 6 | 53:12 6 | 57:26 6 | 66:17 6 | 69:39 6 | 74:43 6 | 78:20 6 | 01:18:20 |
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| 7. Tero Lehto | 01:19:34 10:40:25 | 01:31 10 | 03:53 8 | 07:49 8 | 13:51 7 | 19:49 8 | 25:33 8 | 32:31 8 | 37:43 8 | 41:10 7 | 45:02 7 | 48:06 7 | 53:55 7 | 58:00 7 | 66:30 7 | 69:53 7 | 75:26 7 | 79:34 7 | 01:19:34 |
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| 8. Juha Järvenpää | 01:21:17 10:07:07 | 01:28 9 | 04:01 9 | 07:47 7 | 13:33 6 | 19:34 7 | 25:27 7 | 31:41 7 | 37:25 7 | 42:05 8 | 45:35 8 | 49:34 8 | 55:35 8 | 59:36 8 | 67:49 8 | 71:10 8 | 77:04 8 | 81:17 8 | 01:21:17 |
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| | | 00:24 | 00:38 | 00:25 | 00:38 | 01:58 | 01:13 | 01:23 | 00:32 | 01:36 | 00:36 | 01:54 | 01:13 | 00:48 | 01:50 | 00:35 | 02:03 | 00:59 | |
| 9. Tommi Nietosjärvi | 01:21:47 09:48:50 | 01:16 6 | 03:44 7 | 07:40 6 | 15:43 14 | 21:59 14 | 28:04 14 | 34:51 13 | 40:20 13 | 43:51 11 | 47:44 11 | 50:25 11 | 56:26 9 | 60:26 9 | 68:58 9 | 72:20 9 | 77:28 9 | 81:47 9 | 01:21:47 |
| 0 | 12 KM | 01:16 6 | 02:28 8 | 03:56 7 | 08:03 17 | 06:16 13 | 06:05 11 | 06:47 10 | 05:29 9 | 03:31 8 | 03:53 12 | 02:41 10 | 06:01 7 | 04:00 8 | 08:32 11 | 03:22 8 | 05:08 8 | 04:19 14 | |
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| 10. H. Heceva | 01:22:31 09:51:33 | 01:37 12 | 04:07 10 | 08:32 10 | 15:03 10 | 20:40 9 | 26:52 9 | 33:24 9 | 39:02 9 | 43:41 10 | 47:25 10 | 50:15 10 | 57:20 10 | 61:52 10 | 70:08 10 | 73:37 10 | 78:48 10 | 82:31 10 | 01:22:31 |
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| 11. Esko Jussila | 01:24:49 10:12:57 | 01:38 13 | 04:28 12 | 09:01 13 | 15:32 13 | 21:36 12 | 27:53 13 | 34:22 12 | 40:11 12 | 44:02 12 | 48:13 12 | 51:01 12 | 57:36 11 | 62:49 11 | 71:31 11 | 75:02 11 | 80:32 11 | 84:49 11 | 01:24:49 |
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| 12. Markku Nieminen | 01:27:52 09:46:06 | 01:35 11 | 04:12 11 | 08:36 11 | 14:52 9 | 21:12 11 | 27:05 10 | 33:59 10 | 39:45 11 | 47:25 13 | 52:08 13 | 54:37 13 | 61:10 12 | 65:20 12 | 75:23 12 | 78:58 12 | 84:17 12 | 87:52 12 | 01:27:52 |
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| 13. Petri Hämäläinen | 01:30:48 09:50:05 | 03:47 21 | 06:31 20 | 11:01 19 | 18:09 17 | 24:12 16 | 30:47 16 | 38:02 15 | 44:27 14 | 48:43 14 | 53:26 14 | 56:46 14 | 63:25 13 | 68:04 13 | 77:29 13 | 81:07 13 | 86:33 13 | 90:48 13 | 01:30:48 |
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| 14. Jarmo Jumppanen | 01:33:20 09:41:57 | 02:00 15 | 04:46 14 | 09:30 15 | 16:26 15 | 24:06 15 | 30:30 15 | 38:22 16 | 46:01 15 | 50:41 15 | 55:06 15 | 57:56 15 | 65:02 14 | 70:07 14 | 79:18 14 | 83:10 14 | 88:54 14 | 93:20 14 | 01:33:20 |
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| 15. Hanna Vuorela | 01:39:42 10:32:58 | 01:26 7 | 04:29 13 | 08:43 12 | 15:26 12 | 21:02 10 | 27:10 11 | 34:01 11 | 39:28 10 | 43:11 9 | 46:59 9 | 50:07 9 | 73:18 17 | 77:17 17 | 85:45 16 | 89:30 16 | 95:14 15 | 99:42 15 | 01:39:42 |
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| 16. Jani Ruotsalainen | 01:40:57 10:53:25 | 02:07 16 | 05:29 18 | 09:23 14 | 15:15 11 | 21:41 13 | 27:41 12 | 35:00 14 | 51:13 18 | 54:33 16 | 58:14 16 | 60:36 16 | 66:49 15 | 71:03 15 | 87:51 17 | 91:19 17 | 96:46 17 | 100:57 16 | 01:40:57 |
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| 17. Mariella Pasoma | 01:41:52 10:16:22 | 01:49 14 | 05:16 17 | 10:28 17 | 17:43 16 | 25:10 17 | 32:09 17 | 40:14 17 | 47:05 16 | 55:05 18 | 59:28 17 | 62:41 17 | 70:22 16 | 75:15 16 | 85:16 15 | 89:20 15 | 96:30 16 | 101:52 17 | 01:41:52 |
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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | 00:45 | 01:32 | 01:51 | 02:07 | 03:24 | 02:19 | 03:14 | 01:39 | 04:56 | 01:29 | 01:08 | 02:53 | 01:40 | 03:38 | 01:18 | 03:19 | 02:08 | |
| 18. Leo Tolvanen | 01:45:55 | 10:08:08 | 02:20 18 | 05:09 16 | 10:34 18 | 18:53 18 | 27:03 18 | 35:12 18 | 43:07 18 | 50:15 17 | 54:57 17 | 62:16 18 | 65:38 18 | 74:30 18 | 80:18 18 | 90:30 18 | 94:35 18 | 101:00 18 | 105:55 18 | 01:45:55 |
| 0 | | 12 KM | 02:20 18 | 02:49 14 | 05:25 19 | 08:19 18 | 08:10 19 | 08:09 20 | 07:55 18 | 07:08 16 | 04:42 16 | 07:19 20 | 03:22 19 | 08:52 18 | 05:48 19 | 10:12 18 | 04:05 20 | 06:25 18 | 04:55 17 | |
| | | | 01:16 | 00:54 | 02:04 | 03:11 | 04:07 | 03:29 | 03:04 | 01:56 | 01:38 | 04:25 | 01:17 | 04:04 | 02:35 | 03:49 | 01:19 | 02:34 | 01:41 | |
| 19. Iina Oja | 01:55:06 | 09:50:35 | 02:50 19 | 06:14 19 | 12:07 20 | 20:36 19 | 28:13 19 | 36:12 19 | 44:38 19 | 58:49 19 | 63:58 19 | 69:16 19 | 72:36 19 | 81:37 19 | 87:43 19 | 98:47 19 | 103:05 19 | 110:05 19 | 115:06 19 | 01:55:06 |
| 0 | | 12 KM | 02:50 19 | 03:24 19 | 05:53 20 | 08:29 19 | 07:37 17 | 07:59 19 | 08:26 20 | 14:11 19 | 05:09 17 | 05:18 19 | 03:20 17 | 09:01 19 | 06:06 20 | 11:04 19 | 04:18 21 | 07:00 20 | 05:01 18 | |
| | | | 01:46 | 01:29 | 02:32 | 03:21 | 03:34 | 03:19 | 03:35 | 08:59 | 02:05 | 02:24 | 01:15 | 04:13 | 02:53 | 04:41 | 01:32 | 03:09 | 01:47 | |
| Raimo Mattinen | DQ | 10:04:47 | 03:32 20 | | | | | | | | | | | | | | | | | DQ |
| 0 | | 12 KM | 03:32 20 | | | | | | | | | | | | | | 06:47 22 | 11:35 22 | | |
| | | | 02:28 | | | | | | | | | | | | | | 04:01 | 07:44 | | |
| Marri Karline | DQ | 10:01:40 | | | | | | | | | | | | | | | | | | DQ |
| 0 | | 12 KM | | | | | | | | | | | | | | | 03:57 18 | 06:43 19 | | |
| | | | | | | | | | | | | | | | | | 01:11 | 02:52 | | |
| Juha Skinnari | DQ | 11:37:20 | 01:06 2 | 03:09 2 | 06:29 2 | | | | | | | | | | | | | | | DQ |
| 0 | | 12 KM | 01:06 2 | 02:03 3 | 03:20 1 | | | 06:05 11 | 05:02 3 | 04:38 2 | 02:42 1 | 03:02 2 | 02:14 3 | 05:11 2 | 03:16 2 | 07:25 5 | 02:49 3 | 04:51 4 | | |
| | | | 00:02 | 00:08 | -00:01 | | | 01:25 | 00:11 | -00:34 | -00:22 | 00:08 | 00:09 | 00:23 | 00:03 | 01:02 | 00:03 | 01:00 | | |
| *Ideal time:* | | | *01:04* | *01:55* | *03:20* | *04:24* | *04:03* | *04:33* | *04:51* | *04:28* | *02:42* | *02:54* | *02:05* | *04:48* | *03:13* | *06:02* | *02:46* | *03:51* | *03:05* | *01:00:04* |

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